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August/September 2021

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*Naphill & Walter's Ash
Gazette
August/September 2021*

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Cubs - Hughenden			handnhcubs@hotmail.com
Naphill	Martin Beddows		naphillcubscouts@outlook.com
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Senior	Harry Salter	07403 249208	
Friends of Naphill Common	Chris Miller	01494 563707	chairman@naphillcommon.org.uk
Good Companions	Pat Furness	01494 565501	
Guides (Naphill)			
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Residents Association	Gloria LeFlaive	01494 563634	glorialeflaive@msn.com
Naphill Neighbours	Janet Judge	01494 563186	
Scouts (Naphill)	John Huddleston		naphillscouts@aol.com
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Local Council Contact Information

Bradenham Parish Council Clerk	Deirdre Hanson	01494 562254	clerkbradenhampc@gmail.com
Hughenden Parish Council Clerk	Melinda Woof	01494 715296	clerk@hughenden-pc.gov.uk
Hughenden Parish Councillors	Paul Hardinge		paul.hardinge@hughenden-pc.gov.uk
Hughenden Parish Councillors	Vacant		
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Buckinghamshire Councillor	Steve Broadbent	07471 144181	Steve.Broadbent@buckinghamshire.gov.uk
Buckinghamshire Councillor	David Carroll	01494 716967	David.Carroll@buckinghamshire.gov.uk
Buckinghamshire Councillor	Clive Harris	07768 876568	Clive.Harris@buckinghamshiregov.uk

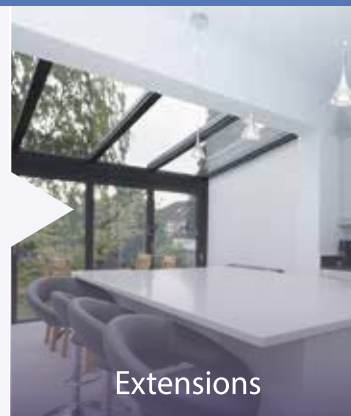
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Stroke Support Service	Stroke sufferers, carers & family support	0300 3300 761
Shaw Clinic - Genitourinary Medicine	Genitourinary Medicine	01494 425430
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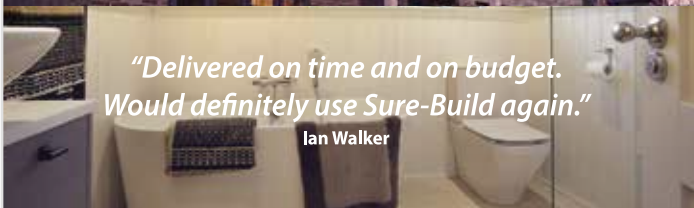


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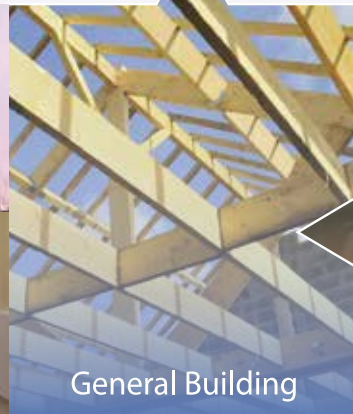
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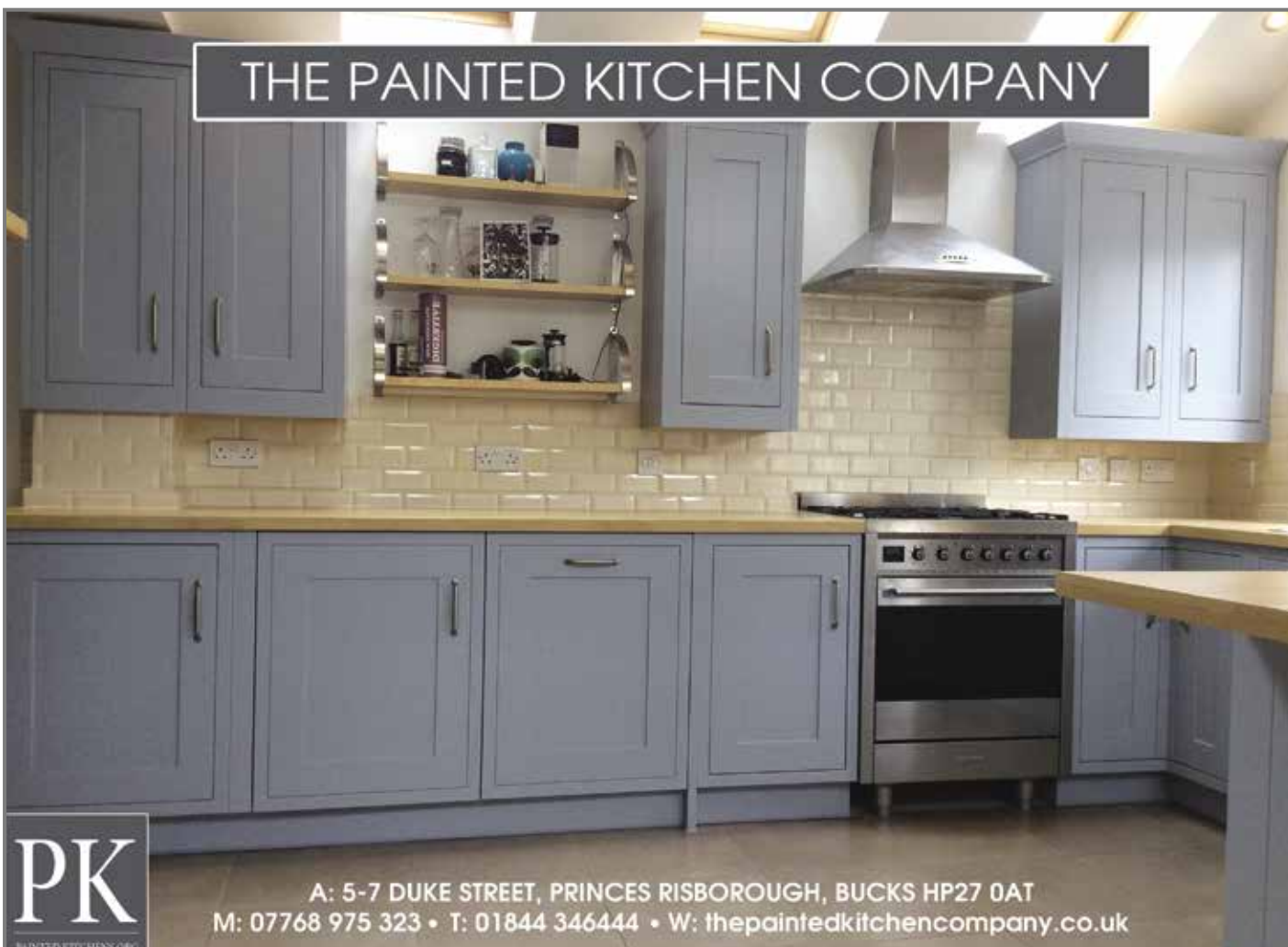
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Copy Date for October Gazette, 15 September 2021

A very WARM welcome to the August/September edition of the Gazette! According to the weather forecast, the glorious sunshine and the searing heat will have vanished by the time this edition drops through your letterbox, but hopefully the sun will shine on through the holidays and everybody will enjoy a safe, well-earned break as COVID restrictions have been eased.

Best wishes to our all our children and young people who are starting preschool, moving on to primary school, venturing on to secondary school, ploughing forward through further education and ever onward! Exciting times and new ventures to embrace for you all!

This month I received an article, which I will not publish. This article made a statement and asked if it was true. This was a question which I was curious to answer so I contacted the Clerk to Hughenden Parish Council to clarify what I felt sure was a misunderstanding of documented evidence on the part of the writer. Indeed this was the case and I am delighted to include the article from our Parish Clerk, as approved by her chairman, which gives the correct information. I would respectfully request that when reporting, contributors please stick to documented facts.

On a similar theme, there has been speculation regarding the local allotments so more documented evidence, from John Russell, the chairman of Hughenden Community Support Trust, again allaying misinformation and gossip, my thanks to you too John. I look forward to working with you in the future.

This month there is no news from the Clappin's Lane Monitoring team. This is not because there have not been a few day to day problems re parking, heavy goods deliveries etc. but these have been reported via the group Facebook page and dealt with by Cheryl Anderson who has established excellent links with the contractors. Cheryl, as the correspondent on the field, will report all matters associated with this development, which need to go into the Gazette, directly to me.

This is the usual combined August/September edition so news of events through the Summer break are included in this edition. Please support Classics and NapFest and enjoy a happy, healthy Summer! My thanks to all the contributors for their help and support and to Paul Goby for the cover photograph. I will certainly enjoy a Summer break from my office and some time to catch up with friends and family and I look forward to being back in this chair for the October edition.

My best wishes to you all,

Sonia

A polite reminder that the Gazette Annual Subscriptions are now due. My grateful thanks to everybody who has paid! If you have not yet paid please do so as soon as possible! *(Annual subscription £3)*

Sonia

Editorial Disclaimer: Although the editor has made every effort to ensure that the information in this magazine was correct at press time, the editor does not assume and hereby disclaims any liability to any party for any loss, damage, or disruption caused by errors or omissions, regardless of the cause. The content of any article is the responsibility of the contributor, if the text is edited/substantially altered, the editor will inform the contributor before publication. Any opinions expressed in articles herein do not express the personal opinion of the editor. Comments or queries on individual articles will be forwarded to the author/contributor to substantiate. The editor retains the right to refuse any contribution. No group or individual can demand that their contribution will be published or dictate how or where their contribution is placed or displayed. The editor will close comments on any subject if this is agreed by the Gazette committee members.

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Naphill Village Hall & Playing Fields Council Chairman's Report

Registered Charity No: 300309

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We had a nearly full house of 17 committee members when we held a zoom meeting on 5 July. I reported that I had asked Phil Gunnel to clean and paint the fence under the Christmas tree and repaint the gates. This has been completed and with the new sign installed, the front of the hall looks tidier. Norma has asked John O Conner to remove the weeds and put weed killer around the base of the village hall.

The play area needs some work on the fence and also the willow tunnel. The fence will be repaired and the willow tunnel will be trimmed. Tanya Stevens, the lettings secretary reported that the hall users were beginning to reuse the hall under the current restrictions and she has many enquiries to rent the hall after July 19. The cctv system was further discussed and a new higher spec camera will replace the main view of the car park so we will be able to identify cars and people more easily.

The village hall fundraising events were finalised and Napfest will be on 10 September and Fireworks

will be on 6 November. Hopefully there will not be any restrictions when the events take place but there may be a limit on numbers allowed to attend, so keep this in mind and buy the tickets when they appear.

Classics on the crick will be held on Sunday 29 August as previously planned.

After all the trials and tribulations of the past 17 months the village can look forward to these events, and with fair weather it will be good to see a big turnout for these events. Please come along and support the village hall and see all of your friends and neighbours at these village events.

Keep safe and well,

Clive Lawrence,
Naphill Village Hall Chairman.

Bradenham Parish Council

At our July meeting, still socially distanced in a chilly cricket club, the council discussed the request from the RAF for support for a pedestrian crossing at the junction of New/Main Road and Bradenham Wood Lane. The council had agreed in May to support this request, as it is a dangerous junction.

We have been in touch with Hughenden Parish Council as the boundary between the two parishes runs down the middle of the roads. We have had a short report done on the junction, the layout of the road and possible options which we shared with Hughenden PC.

There are a great number of technical problems with the junction as well as serious cost implications. The costs are outside both parishes remit. We would both have to save for many years. Bradenham PC saved for several years to put speed reduction measures in place in Bradenham,

but those were a drop in the ocean compared to the numbers that are being talked about now. We have shared our knowledge with the RAF, who will look into the case further.

Some councillors are looking at providing information boards for visitors in Bradenham village. We are chasing the National Trust on the planned flood prevention measures for Rectory Lane.

Our next meeting will be Monday 6th September @7pm at Bradenham cricket club, all welcome.

Deirdre Hansen, Clerk to the Council.
clerkbradenhampc@gmail.com

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Summary of the Involvement of Parish Councils in the Planning Process following updates by Buckinghamshire Council

Parish and Town Councils are statutory consultees in the process of considering planning applications. Hughenden Parish Council is not required to comment on every application but where it does we raise issues for the attention of Buckinghamshire Council Officers, that are focused on material planning considerations.

We are not required to have the knowledge to quote specific policies or references, highlighting the issue to the Bucks Council Planning Officer will enable them to apply the right reference.

The power to determine Planning Applications rests with either the relevant Buckinghamshire Council Area Committee (of which there are 5) or the Strategic Sites Committee. 96% of applications, in line with best practice, are determined under delegated authority by the Senior Planning Officers and Chair of the Planning Committee.

The purpose of a Buckinghamshire Council Planning Committee is to review recommendations where the weighing and balancing of issues is considered to be finely balanced.

The Buckinghamshire Council Strategic Sites Committee has responsibility for Wider strategic development, sites which have a significant impact beyond the specific local area or sites which are fundamental to the implementation of an adopted or emerging local Plan. As examples these include major infrastructure projects, large scale developments such as building 400 new homes, an employment opportunity occupying space of 1000 sq meters or 2 hectares or more or retail opportunities of the same size.

The Area Planning Committees have responsibility for determining those planning Applications which have been called in or referred to committee for decision but do not fall within the remit of Strategic Sites Committee.

From the 1st July 2021, Town and Parish Councils have the power to "Call in" applications to committee. The request must be based on material reasons and the Parish Council must commit to attend and speak at the meeting.

The decision to accept our application to call an application in will be determined by Buckinghamshire Council.

Mel Woof

Clerk to Hughenden Parish Council

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ROB BUTLER MP: PRESS RELEASE

Since I last wrote for the Naphill Gazette much has changed for the better in the fight against Covid. Yet as we finally reached Step 4 of the roadmap to recovery, I know that many people had mixed emotions: immense gratitude that the vaccination programme has created a wall of defence that dramatically weakens the link between contracting the virus and severe illness, yet concern that infections are rising and large numbers of people are being required to self-isolate.



The stark truth is that Covid-19 is still very much with us, and we all need to play our part as individuals to reduce its impact on our families, friends, neighbours and colleagues. The laws introduced earlier in the pandemic were always intended as emergency measures, so it is right that we removed as many of them as possible, and shifted to a focus on personal responsibility. It is now imperative that we all treat that responsibility seriously – whether that's wearing a mask in crowded places, self-isolating when told to do so, or ensuring we get both jabs as soon as invited.

In recent months MPs have been able to do much more of our work back in Westminster, where we can talk directly to ministers to raise local residents' concerns. I have been able to discuss worries about planning reforms, protecting our cherished green spaces and improving rural infrastructure – whether broadband or buses.

Many constituents have written to me about the environment, and I was pleased to participate in a meeting with several ministers about how the UK is preparing for the COP 26 conference in Glasgow later this year. The Government is already working extremely hard to reach net-zero emissions by 2050 as well as helping to drive action on climate change internationally.

Back in the constituency, I was pleased to hear that Buckinghamshire Council distributed nearly 100 per cent of the £21 million of additional restrictions funds provided by the Government, making it one of the best in the country at getting money to businesses that needed it most. I've spoken with firms and organisations that benefited from this help and it is good to see many companies are now building back better.

Although this is another unusual summer, I hope it gives you the opportunity to take a break and perhaps enjoy some of our wonderful Buckinghamshire countryside, attractions and hospitality as we cautiously continue our road to recovery.

Rob Butler



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Hughenden Community Support Trust (HCST)

(Previously Allotments for the Labouring Poor)

Dear Residents,

The following areas of land within Hughenden Parish belong to the above charity:

Windmill Lane allotments, Widmer End
Naphill allotments, Walters Ash allotments
North Dean allotments
Great Kingshill amenity land

The charity goes back to the 19th century and the land has belonged continuously to the charity since that time. In recent years Hughenden Parish Council effectively acted as holding trustees and managed the land on behalf of the charity. Due to the passage of time, some years ago the original structure was overlooked and the Parish Council inadvertently merged the charity's assets with its own, which has caused the confusion we see today. To redress this there has been a lengthy legal action which has clarified the continuity of ownership of the charity's assets. Also, the Charity Commission had recommended that trustees were appointed to manage the charity. Subsequently, the following residents are our current independent trustees.

John Russell, Stan Jones, Neil McMinn and John Moorby.

The objects of the charity are:

The relief of persons in the area of benefit who are in need, hardship or distress by:

- o Making grants of money to them, or
- o Providing or paying for goods, services or facilities for them, or
- o Making grants of money to other persons or bodies who provide goods, services or facilities to those in need.

We have recently become aware of some unfounded rumours being circulated that HCST intends to sell the land and that allotment holders will lose their allotments. We would like to confirm that this is fundamentally untrue.

To achieve our objects, HCST has leased the land to Hughenden Parish Council for 99 years thus assisting them in fulfilling their legal requirement to provide allotments. We have also leased part of Great Kingshill Common and an area of land off Common Road to HPC as amenity land for the benefit of the community. In addition to complying with the purpose of the charity to invest the rental income to provide grants/donations to those in need within Hughenden Parish, by placing the land within a charity, gives some extra protection against development,(notwithstanding government changes to law which could obviously affect the Parish Council or HCST).

The allotments and amenity land will continue to be managed by HPC on behalf of HCST. HCST trustees will always be available to discuss any concerns from residents. Contact can be made through the Hon. Secretary (details below).

In the meantime, we would like to invite applications for small grant funding from residents of Hughenden Parish, applications to be made through the Hon Secretary .

We sincerely hope that this letter will allay the false rumours which are being spread.

Signed on behalf of the Trustees of HCST

John Russell

Chairman

Registered address: Brambles, Grange Road, Widmer End, High Wycombe, HP15 6A Charity number 248607
Hon. Secretary, Lyn Marchant: 01494 713454, lyn.marchant @btinternet.com

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Zero Waste Week 2021

Hughenden Street Association is holding a Round Table Discussion at 7.00pm on Tuesday 3rd August in support of Zero Waste Week 2021. This annual online campaign seeks to reach a community of like-minded people who want to reduce residential and commercial waste, reuse materials and recycle as much as possible. The aim is to help householders, businesses, schools, and community groups increase recycling, reduce landfill waste, and participate in the circular economy.

A key element of the campaign is to demonstrate means and methods to reduce waste, foster community support and bring awareness to the increasing problem of environmental waste and pollution.

The campaign recognises that it may be unrealistic to reach the goal of 'zero' waste however it is possible to significantly reduce the amount of waste that is produced.

Zero Waste Week recognises the need to use natural compost from organic food waste to provide a useful plant nutrient product as opposed to putting food in landfill where it produces methane, a global warming greenhouse gas. The campaign also tackles the problem of disposal of many non-organic synthetic materials, such as plastic material packaging and non-biodegradable man-made products, that are producing a global problem to the environment in both volume and toxicity.

Zero Waste Week actively encourages people to reduce the use of synthetic materials and plastic packaging and seek alternative methods of transporting and storing food. As part of the growing trend for Sustainability many foods can now be purchased unpackaged, or loose from shop shelves. Due to the ubiquitous use of plastics that cannot be avoided, The Week also demonstrates methods of plastic reuse, as well as conscientious recycling to reduce the burden on landfill,

incineration, and environmental contamination. Zero Waste Week adopts the adage "there's no such place as away" meaning when we throw something away, it goes somewhere else, often causing harm or toxicity to the eco-system. The campaign's main directive is to bring awareness to people that we are all individually and collectively responsible for what we consume and that the short time of usefulness is only a small part of the overall life cycle of any product.

Like many grass roots campaigns, Zero Waste Week has a high-end goal working from the bottom up to influence consumer awareness and habits. In so doing the long-term goal is to generate more demand for sustainable products, by creating a significant change in shopping trends. Also, to lobby producers, governmental decision makers and bring awareness for the need of good custodianship to the upcoming generation.

As a community-centric association, HSA is keen to find out about groups and the work of individuals seeking to reduce waste in all its forms within the parish. The Round Table Discussion is the first stage in identifying what already is being done thereby reducing duplication and facilitating co-operation leading to a celebration during Zero Waste Week, 6th – 10th September 2021. It is also hoped that this becomes an annual event in Hughenden. If you are a member of such a group and/or are already trying to keep your waste to a minimum do join us at the Discussion. Not forgetting you might be interested in getting actively involved in local schemes. The Discussion will be summarised in the HSA Newsletter which appears on the NAWA website each week.

Interested in being part of the discussion? Register by emailing: hsa@btinternet.com by Friday 30th July 2021.

Hilda Stearn

Hughenden Street Association
email: hughendensa@gmail.com

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Naphill Tennis Club

Tennis group coaching is taking a break during August but tennis will be in full swing as usual and we look forward to seeing more members at club sessions.

Did you watch any Wimbledon matches? The Men's Singles Champion, Novak Djokovic, was as impressive as ever with his 6th Wimbledon win. He is incredibly nimble around the court and an outstanding example of the benefits of tennis. See photo below!



At NAPFEST, on Saturday 11 September, we are delighted to announce that our courts will be open for everyone to play some tennis against the BALL MACHINE for a small fee. Racquets provided. Come and join in the fun!

For details of membership, please see our website: naphilltennisclub.org.uk or contact our Membership Secretary (01494 563706 email: naphilltennismembership@gmail.com). Remember, you are always welcome to come and have a go before you join.

Jenny Tench

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Call us on: 07899 790556

TJ & Co – Your Local Lads would really like to say a big thank you to every one of our customers who have supported our new business venture. We've been kept busy undertaking a variety of jobs around the village and have enjoyed meeting local villagers whilst helping them tick those odd jobs from their to-do list - we've cleaned plenty of cars, stripped wallpaper, weeded gardens, cleaned patios, mowed lawns, felted roofs, helped with house moves, fed pets to name a few and have received positive feedback and great reviews too.

We hope to continue offering our services throughout the summer but would also like to give notice that we are all returning to our further education studies in September so we will be reducing our availability from the end of August. After that date, please feel free to call us but we may not be able to help with those urgent jobs ... We're sure those autumn/winter jobs such as leaf and snow clearing will soon need doing so please keep following our Facebook Page [@yourlocallads](https://www.facebook.com/yourlocallads) or call us on 07899 790556.

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Six to a table, 30 Outside, Oh and do not forget to Check
in.....*

To say we have had enough is an understatement!

With the lifting of restrictions and the feeling of going back to some sort of normality we would like to reassure you all that many of our covid safe practices will be staying in place. This will be for your safety and the safety of our staff. The wearing of masks will become your personal choice for both customers and staff, we understand whatever decision you make.

With the new freedom we will be going back to normal opening hours, which includes longer opening times for food. Chef and I have also increased the menu and brought back many of your favourites and we are ready to start all our homemade specials again.

Tuesday to Saturday

BAR 12pm - 11pm

FOOD 12pm - 2.30pm and 6pm - 9pm

Sunday

BAR 12pm - 10.30pm

FOOD 12pm - 4pm

Bank Holiday Mondays

BAR 12pm - 8.30pm

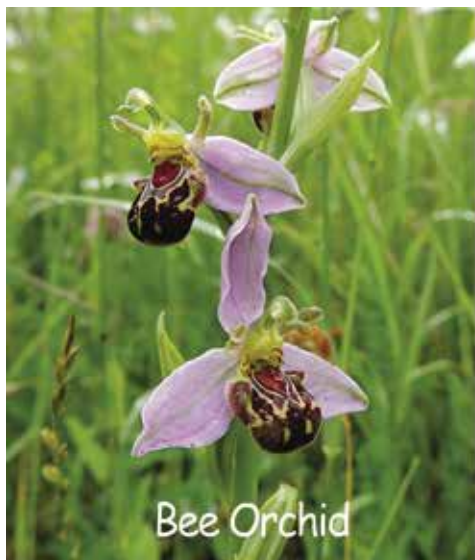
FOOD 12pm - 4pm

As many of you know we are normally a rugby pub, but this month it's all been about football and what a month it's been! We would like to thank everyone who joined us in supporting England during the Euros, with the extra TVs outside and in the dining room it made for an amazing atmosphere, as we were fully booked for every game.

Mark and I would like to thank everyone for supporting us and can't wait to start organising some events and beer festivals (watch this space).

Cheers!

Claire and Mark and the Team



Friends of Naphill Common - *photographs courtesy Chris Miller*

On Friday 13th of August, our local bat expert, Julie Hopton, will once again be leading a walk around the Common to see and hear some of our bats – bat detectors that can scale down their ultrasonic chirps to be within range of human hearing will be provided. Meet at the Village Hall at 7:30pm. This walk is weather dependent – heavy rain means no flying insects, which means no flying bats – so check the Naphill Facebook pages, or use your discretion.

With regret, we've decided not to have a stall at this year's Napfest. Our financial position is healthy, particularly after our 'windfall' as a result of switching our account to a different bank (half of which we have donated to the Village Hall funds). There's therefore less need to repeat our popular 'Silent Auction', which has proved so successful in previous years in the capable hands of Ron Collins and Neil McMinn, and we're reluctant to importune local businesses for auction lots after they have experienced so many difficulties following the pandemic. We intend to be back again next year – bigger and better than ever!

Our guided walks are again taking place, with longer walks (around two hours, finishing with optional lunch at a local hostelry when possible) being led by Ron Collins and Neil McMinn, and usually held on the third Monday of each month, starting at 9:25am prompt from the Village Hall. Shorter walks (around an hour, finishing with optional coffee and cakes at the Bon Ami) are led by Chris Miller and are generally on the first Wednesday of each month, starting at 10:30am from the Village Hall. The walks are free, and all are welcome.

Our working parties are also in full swing and take place on most Tuesday and Thursday mornings. Because they, too, are dependent on the weather, it's best to check our web site for details (where our walking and other activities are also listed):

<http://www.naphillcommon.org.uk/activities.html>

Our 'mechanised' working parties (on Thursdays) have been impeded recently by the loss (theft!) of our trailer for the ride-on mower, which has been used to transport the wood chip to repair the paths on the Common. Thanks to a very generous donation from Mary Heald, we now have another, even better, trailer. Mary refused any payment, but we've donated £100 to Brain Tumour Research, in memory of her husband, Nic.

Our wild cherry trees – survivors of the many cherry orchards that used to be common around the Chilterns – should be laden with fruit, but this year has been a disappointing one. I think the pronounced cold snap in late spring may have damaged the blossom. On the positive side, it has been a good year for Chiltern orchids, although they may have largely finished flowering by the time this newsletter appears. Our chalk downlands are home to a number of orchids, with common spotted orchid, pyramidal orchid and bee orchid easily seen. They are all typically about 15cm (6") in height, but can grow up to 60cm (though I've never encountered one so tall in the Chilterns).

The common spotted orchid is, as its name suggests, the most frequently found species. It gets the other part of its name from its leaves, which are green

with many purple, oval spots. The flowers range from white and pale pink, through to purple, but have distinctive darker pink spots and stripes and are densely packed in short, cone-shaped clusters. The pyramidal orchid lives up to its name - look for a bright pinky-purple, densely packed pyramid of flowers atop a green stem.

The Bee orchid is a much more spectacular plant, resembling the commercial orchids we see in supermarkets. It is rarer than the other two species, and gets its name from its main pollinator – a type of bee – which is thought to have driven the evolution of the flowers. To attract the bees that will pollinate the plant, it has flowers that mimic their appearance. Drawing them in with the promise of love, the bees attempt a mating. As they land on the velvet-textured lip of the flower, the pollen is transferred and the poor bee is left frustrated. Sadly, the right species of bee is no longer found in the UK, so bee orchids are self-pollinated here.

Each of these orchids can 'spontaneously' appear on roadside verges and patches of ground that are left unmown, I recommend Plantlife's 'No Mow

May' campaign! All the accompanying photos were taken on the roadside verge outside our house on Stocking Lane. A good local spot to find orchids in June and July is the 'wild' area immediately above the playing field outside Hughenden Valley Village Hall, with common spotted and pyramidal orchids there in profusion.

Chris Miller
Chairman



The poster features a central illustration of a full moon in a dark sky, with several bats in flight and bare tree branches. To the right of the illustration, the text reads: "Friends of Naphill Common Bat Walk", "Led by Julie Hopton", and "Bat Detectors Supplied". At the bottom, it says "13 August 7.30pm" and "Meet Naphill Village Hall".



"It's what you can do that counts"

Do you have a couple of hours spare a week and would like to put something back into the community.

High Wycombe Riding for the Disabled group are looking for new volunteers to help run their sessions just outside Lane End on Wednesday and Thursday afternoons in term time.

Experience with horses is not essential but you will need to be comfortable around them. Full training will be given.

For further details please contact Sarah Bacon on 01494 563479 or 0775 7261 383 or e mail sarah.bacon39@googlemail.com



RAF High Wycome Community News

Royal Star and Garter Home Charity Car Wash



Photograph courtesy of Sqn.Ldr. George Hannaford.

RAF Personnel Get Scrubbing for Local Veterans' Care Home

RAF High Wycombe put on a Charity Car Wash at the base to raise money for the Royal Star & Garter home. The Station Charities Team spent a busy few hours cleaning a total of 32 vehicles, and raising £266.58 for the local care home on Thursday 15 July. Residents from the charity's High Wycombe Home paid the car-washers a visit to thank them for their efforts, and got their minibus scrubbed clean while they were there.

Flt Lt Sophie Dowers, from RAF High Wycombe, said:

"I'm over the moon that we were able to help such an amazing charity, and having Royal Star & Garter residents come down and support was definitely the highlight of the day. We'd like to thank them and all the members of the RAF High Wycombe Charity Committee for all their hard work, and to all that supported by bringing their cars to be washed."

Resident John said:

"They did a great job cleaning the cars. And it was fun giving them a helping hand with our minibus."

Station Warrant Officer, WO Emma Kerlake, said:

"It's been a joy to be able to run a charity car wash, despite the pandemic, and to raise over £250 for the Royal Star & Garter Home in High Wycombe. The charity is one of three that the Station is supporting this year and it was a pleasure to host some of the residents & staff and to see them taking part. RAF High Wycombe and the home have a strong relationship and events like this can only bring us closer together."

Every year the Station picks a mixture of Service and local charities to support and this year the Royal Star & Garter Home in High Wycombe was a popular choice. The RS&G provides loving, compassionate care to veterans and their partners living with disability or dementia.

Sqn.Ldr. George Hannaford



Photograph courtesy of Sqn Ldr. George Hannaford

A Message from Padre Lacey - Another hippo moment?



A while back I wrote about how every now and then we need a hippo moment, when we wallow a bit and give ourselves the permission to do so. I kind of want to touch on that again...because as we move through this pandemic and journey through summer, sometimes we can rush too soon into the ahead, without acknowledging what we have been through.

It seems an odd thing to be thinking about as the sun is shining and we have the hopes and excitement of coming out of lockdowns and the worst of the pandemic, but I think it is important to pause for a moment and to grieve what has been. In the Bible there is a whole book dedicated to grief, sadness and hurt...it's called Lamentations (not a great read if you are feeling glum!). We've been looking at it in our services, and, I'm not going to lie, it's a tough read.

No-one likes hearing about hurt, sadness and grief...to the extent that sometimes we hide it. Perhaps out of

shame, perhaps to protect others, or perhaps because we don't know how to do it or show it. But, is it a good thing to hide it, ignore it or rush through it?

I've been challenged by the book of Lamentations, that, whether we have a faith or not, to process and embrace our emotions is an essential part of life. To celebrate when we are joyful and to grieve when we are hurting, or broken or desperately sad. Lamentations in the Bible does not shy away from lament. The writer is brutally honest and doesn't hold back on sharing with others and with God, and he expresses his grief in a way which doesn't rush too fast into the hope and the positive.

That's what I want to challenge us all about at the moment (and I massively include myself in this). As we move with joy into freedom from this pandemic, will we pause for a moment and grieve for a significant period of time that we have lost, people that we have lost, a lifestyle that has changed and a world which may never go back to 'normal'. How will we show our grief? Who will we become vulnerable with as we show our grief? And as we acknowledge our lament and grief, what impact will this have on accentuating the joy in the hopes of what's to come? Because, dawn is coming, there is hope, but it's always darkest just before the dawn.

If you would like to share what you're going through with someone, contact a friend or family member, have a brew...or you can contact me on christina.lacey102@mod.gov.uk

Padre Chrissie Lacey

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Classics on the Crick Sunday 29th August

Classics on the Crick – Charity Car Show Returns!

Raising Money for the Thames Valley Air Ambulance and Saving Lives.

With the easing of restrictions, our popular Classic Car Show will return this year on Sunday 29th August. This year we are running on a separate weekend to the Fete simply due to September already being very crowded with other motoring and related events.

After the trials of the last 18 months, Classic Vehicle owners are very keen to get their cars or bikes out of the garage and put them on display for everybody to enjoy.

We already have a healthy number of entries, and we expect to see some “lockdown” projects for the first time.

Once again we shall be raising money for the Thames Valley Air Ambulance. The Air Ambulance has continued to operate throughout these difficult times with 2500 missions in the last 12 months. The average cost of each flight is £3,750. Consequently, they need approximately £10 million a year to keep flying and do not receive any lottery or government funding. Whilst we can only expect to make a small dent in the total, every little bit helps as they say.

As usual we promise a great day out, with live music in the afternoon and a great selection of food and drinks. To keep everybody safe this year, we shall ensure there is plenty of space to walk around the field in comfort. There will be contactless payments at the bar and the main gates.

The show opens at 10am and will close at approximately 4pm. Public entrance tickets are priced at £6 adult and £3 children. They can be purchased on the day or in advance via our website:

www.classicsonthecrick.co.uk

If you own a classic car, commercial, bike or scooter and have yet to enter, you can also do this via our website. We welcome all types of Classics.

If you would like to help at the show, we would be keen to hear from you, even if you can spare just the odd hour or two. Please visit the volunteering page on our website:

<https://www.classicsonthecrick.co.uk/volunteering>

The Classics on the Crick Team

Classics on the Crick
Sunday 29th August 2021
 Charity Classic Car and Bike Show in the Chiltern Hills.
 The Crick, Naphill, near High Wycombe.

See all types of Classics Cars

Show Times 10am - 4pm
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“ A Great Day Out ”

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All profits go towards saving lives

Go to classicsonthecrick.co.uk for full details



Fete 1200hrs – 1600hrs

Live Music from 1800hrs – 2230hrs.

Fete

The Fete will be opened at 1200hrs by the Naphill and Walters Ash School princes and princesses, along with the RAF High Wycombe Station Commander.

This year there will be no procession, but as normal there will be lots of fun, packed stalls and children's activities. Come and ride for free on our ferris wheel and swingboats, play on our 45' inflatable and much, much, more. Live music (back by popular demand) by Red and Grey, an amazing cover band, covering from the 1960's to present day.



Don't forget our Fun Dog Show (any volunteers to judge, please email lindaclark894@hotmail.com).

- | | |
|---------|--|
| 1230hrs | Cutest puppy (entries to be over 6 months up to 18months). |
| 1250hrs | Prettiest Bitch. |
| 1310hrs | Most Handsome Male. |
| 1330hrs | Veteran, ages 9years and over. |
| 1350hrs | Waggiest Tail. |
| 1410hrs | Dog the Judge would most like to take home. |

Live Music

Online tickets only, available from www.napfest.co.uk, £5 per adult 11 years and over. £5 per Gazebo.

Kicking off at 1800hrs we have Andrew Riverstone, a contemporary Blues & Roots influenced by Peter Green and Tom Petty from former Abbey Road session guitarist promoting fourth solo album. See www.andrewriverstone.com "Fabulous lead guitar work." "Riverstone is as agile a wordsmith as he is a musician." Blues Matters Magazine.

In between acts we have the world famous DJ and local superstar Sean Salter

1900hrs onwards we have the 'Crockets Rockets', a local band who have filled many large venues... they are a 1950's Rock n Roll band with a modern twist

From 2030hrs 'StickyJack' a five piece band from Buckinghamshire that have a wealth of experience. Their songs include Elvis, The Beatles, Chuck Berry, Bruno Mars and Amy Winehouse.

Headlining this year are 'These Certain People', are a six piece band who infuse an impressive energy within every live set. With a colourful repertoire extending from Buggles and Jesse J to the killers and Abba. Previous gigs include Henley Rewind Festival, PennFest and FrogFest. 'TCP' are guaranteed to rock your world. Check them out on FB.



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Naphill & Walter's Ash Residents Association

NAWARA continue to monitor all local planning applications. Please contact our secretary, Gloria Le Flaive on 563634 or email glorialeflaive@msn.com if you have a problem connected with a planning application or notice unauthorised development taking place. Any reports we received in the last few weeks have been forwarded to Planning, Arboriculture and Enforcement Departments as we have supported residents on planning issues.

30mph stickers for waste bins. Gloria still has a small stock, so do get in touch on 563634 if you would like one or more.

Community Speedwatch Watch is now in full swing. They could still do with more volunteers. So please get in touch with Gloria if you can help.

Do look out for our Hughenden Street Association table at NAPFEST.

Date of next two **NAWARA meetings** in the Village Hall, unless Covid intervenes again, will be 8pm Monday 9th August and Monday 13th September, 2021.

Article submitted by the NAWARA Chairman and published as agreed with him

Naphill & Walter's Ash Residents



Our Village Speed Watch Teams Need

YOU!



Please join our team, obey the speed limit, drive with care and help to keep us ALL safe!

Planning Applications, if supplied by NAWARA, are now published at: www.naphillandwaltersash.org.uk These are also available at : www.buckinghamshire.gov.uk/planning-and-building-control/planning-applications/

Planning Applications are regularly printed in the Bucks Free Press.

Editor

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Mandy Dearden

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Shear Madness

Well, I was waiting for the football results before I wrote this month's article but the less said about that the better! So moving on ... so called freedom day! So what will that mean? I think most people are weary of Covid but I will still be wearing a mask in the supermarket. I'm still waiting for guidelines from our hair/beauty federation but I think I'll be guided by all of you so if you'd like me to wear my PPE for your appointment I'm happy to do so .

At last events can go ahead so enjoy the classic cars and Napfest ! Please support them, it's been a tricky time, let's get some laughter back, we all need it.

Enjoy your summer although a little different this year. Good luck to those starting school/ moving schools and newbie uni students (don't forget to call home) wishing you a happy and safe summer.

Love as always

Mandy x

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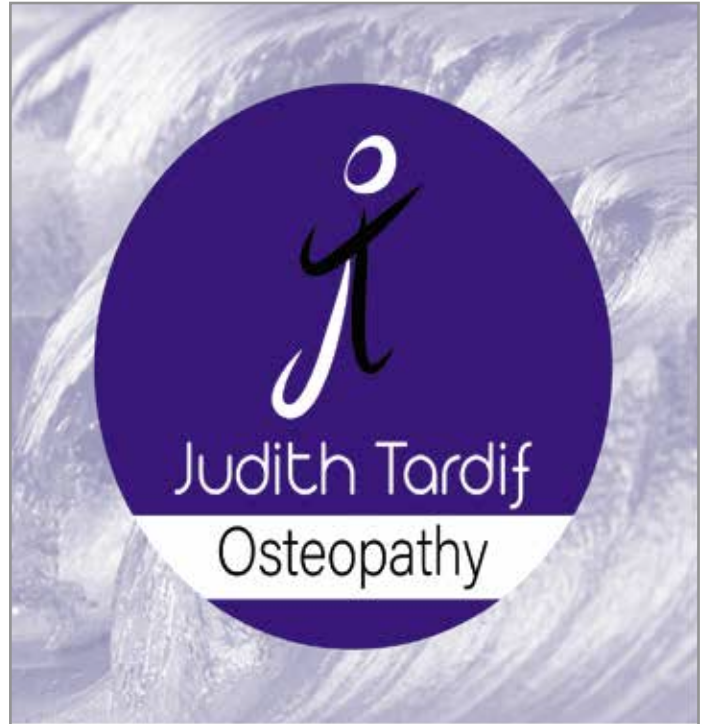
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One of the most rewarding parts of being a Personal Trainer is witnessing and hearing about those “wow” moments experienced by clients as they progress along their journey to improved fitness.

- Here are some examples of these moments from my clients who are all over 50!
- Being able to start the lawnmower for the first time ever.
- Being able to put on socks and underwear without sitting down on the bed – or falling over.
- Being able to lift hand luggage into the overhead locker on a plane (and help a fellow passenger who was struggling with the same).
- Running without stopping (and overtaking others in the process) up a hill that had not been possible before.
- Noticing the absence of lower back pain (which had become the norm).
- Regaining optimal shoulder mobility after surgery.

- Avoiding shoulder surgery for a frozen shoulder altogether.
- Being able to keep pace up a hill 8 miles into a walk, without having to stop for a breather half way up.
- Being able to climb over a stile easily and gracefully.
- Being able to lift and carry boxes in the house easily

Many of us don't set out to train to run a marathon, for many the goal is simply to be fit for the life we want to live, and all the examples above are fantastic milestones along that journey to being fit for life. Once you have that firm foundation of fitness and strength, who knows what opportunities might open up that you never thought possible, maybe that marathon isn't out of reach any more!?

In 2017, the Office for National Statistics published an Overview of the UK Population based on those who were 65 between 2013 – 2015 and found that whilst life expectancy had increased for this group since birth, it also found that males in this group could expect their final 8.2 years to be in poor health and females for the final 9.9 years. Whilst we don't know what is in store for us health-wise as we get older, we can take action now to help us stay healthy for as many years as possible by keeping active and exercising in a way that is suitable and enjoyable. A fantastic by-product is feeling healthy now, and able to take part in things we enjoy, whether that be playing with the kids or grandkids or going for long walks with friends. A wow moment that I experienced was when carrying luggage through the airport to go on holiday, in the past I loathed “lugging” rucksacks and suitcases up and down stairs whilst travelling, and I dreaded lifts being out of order, however after building my strength, carrying bags became so much easier and almost enjoyable for being so!

Whatever your goals and aspirations, if you would like some guidance in how to be fitter for the life you want to live, please get in touch using the details below.

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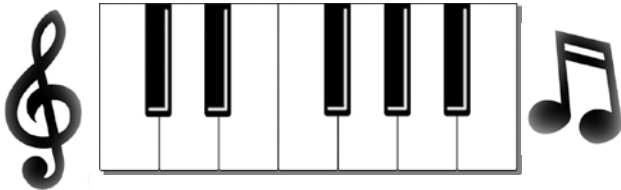
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Chiltern Hills Arboriculture – Staycation Days Out

Following on from last month, I thought another “staycation day out” suggestion might be well received.

Stowe House is a National Trust property just north of Buckingham. The house is an impressive, grade 1 listed building, construction was completed in 1683. It is a splendid example of Palladian, Neoclassical, and English Baroque architecture. For obvious reasons the opportunities to visit the inside

of the building are currently limited, however don't let this put you off making the trip out there. Here's why.

The house is set in grounds of 250 acres. The gardens are laced with themed paths. The owner of the day, Lord Cobham, set the gardens out to reveal his beliefs about the politics and morality of the times. The question being asked is which path will you choose - Vice, Virtue or Liberty?

Greek mythology was well-known in the eighteenth century. The Paths of Vice and Virtue represent the Greek god, Hercules' struggle between these two choices. The Path of Vice takes place in the garden of love (designed by then head gardener, appropriately called Mr Love!). The temples in this area allude to stories of seductive women, sordid goings-on and partying to excess. Not unlike the history and reputation of the Hellfire Caves in West Wycombe.

The Path of Virtue takes you through gardens that represent heaven on earth. The temples here show



good values, such as the Temple of British Worthies showing the great and the good of Britain's history. Taking the virtuous path through life isn't always the easiest journey, there are many bridges to cross.

The Path of Liberty represents the political aspirations of Lord Cobham. It is the longest and hardest of all three walks. It's meant to show that the pursuit of politics is never easy. The temples along the way represent Britain's dominance in the eighteenth

century. Temple of Concord and Victory celebrates Britain's victory in the Seven Years' War between Britain and France. Lord Cobham's Pillar shows Cobham as a mighty Roman warrior. I suppose if you are going to fund and build epic gardens, a bit of “self-aggrandisement” is probably allowed.

So, after the history lesson, why would you want to visit Stowe this summer. Quite simply the gardens are the most spectacular location for a good walk and a picnic. The paths are all semi armoured so are suitable for pushchairs, wheelchairs, and mobility scooters. The grounds are vast, so keeping a good social distance is really not an issue, and the scenery around the lake is beautiful. There is a cafe at the car park, which is about a 15 minute stroll away from the gardens, or you can picnic in the grounds as we did. If you are not a National Trust member entry fees apply.

www.nationaltrust.org.uk/stowe

Mike Beckley
Chiltern Hills Arboriculture



About our business!

Hi I am Ray Pullen and I'm a professional chef with a real passion for all things food! My partner, Nathalie, and I are resident in Naphill and we are very much enjoying sharing our passion for cooking and our take away dishes with the local community.

I publish a regular weekly menu on my Facebook page and I send this menu out via email, to my subscribers.

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Growing Your Own - *Aphrodisiacs In Your Garden*

Is there something growing in your garden which has unexpected properties?

The Encyclopaedia Britannica states that almost no scientific studies have been made into aphrodisiacs, so traditional, or folklore material is relied upon. But where to find that folklore material? I looked up "aphrodisiac foods" on Google and found 519,000 results. I started counting how frequently various vegetables and fruit were referenced. I assumed that these references were based upon folklore material. I counted up to 391 references, then analysed them. The results are given below.

Thirteen fruits and vegetables were referenced only once, so perhaps they do not have much aphrodisiac power. The 13 were: apricots, bay leaves, cranberries, goji berries, mushrooms, capsicums, tarragon, lovage, sage, peas, quince, sweetcorn and oregano.

Nine were referenced twice. These were: lavender, mint, rosemary, leafy green vegetables, cabbage, parsley, watercress, Brussels sprouts and kiwi fruit.

Those mentioned three times were: coriander (cilantro), leeks, cauliflower and spinach. Even more popular, at four mentions, were beetroot, cherries, broccoli and lettuce. There were three having five mentions: mustard greens, apples and grapes.

Cucumber and turnips had 6 mentions, radish and pomegranates 7, but aniseed and pumpkin seed had 8 mentions, which means that they were really popular.

Now we are on to the most frequently mentioned aphrodisiacs. With 9 references were raspberries and nuts. With 10 references were fennel and onions. With 11 references were almonds, arugula (rocket), peaches and artichokes.

Now for the "Top Ten". Joint 10th, with 12 references were tomatoes, chilli peppers and beans. At 7th was celery with 13 references. At 6th were figs with 17 references. At 5th were strawberries with 20 references. At 4th were carrots with 22 references and sweet basil was 3rd with 23 references. Garlic was 2nd with 26 references and the TOP OF THE POPS was asparagus with no fewer than 36 references.

With 58 fruits and vegetables being mentioned as aphrodisiacs it is clear that the folklore is imprecise. There were some mentions on Google that thousands of years ago nutrition could have been a problem and that a new fruit or vegetable eaten to overcome the nutritional problem caused an improvement in general health; thereafter that fruit or vegetable was considered to be an aphrodisiac.

From that it seems that the best policy nowadays is to have a varied diet with plenty of fruit and vegetables containing the vital nutrients and trace elements that we need to be healthy.

What can we do in our own gardens or allotments? We can apply copious quantities of farmyard manure to our soil. In that way we enrich our soil with trace elements from the farmers' fields. We need soil micro-organisms such as mycorrhizal fungi and bacteria to bring the vital trace elements to the roots of our vegetables and fruit. To provide the right conditions for the soil micro-organisms we need to avoid all artificial chemicals and also leave the soil undisturbed – ie we should not dig or plough the soil.

Good gardening!

Mike Mason

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A photograph of two men, one younger and one older, leaning on a large, dark wood cabinet with drawers. They are outdoors, with green foliage in the background.A logo featuring a stylized lion's head in profile, with a yellow and white mane, set against a dark background.

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News from Saint Michael's and All Angels Church

Things are slowly getting back to normal at St Michael's, though changes to government regulations have led to some delays. The services take place each Sunday and Tuesday and one service per week is live streamed.

The annual Tiny Tots picnic was held in the garden, to the delight of mums, dads, and toddlers. We sadly missed a few of our number who were self-isolating.

Keith, our vicar was able to attend however, with his 40 year old Ted, complete with Ted's mask, though being outside, that was not strictly required! (Also I think teddies are exempt.)

We held our Annual Vestry Meeting and Annual Parochial Church Meeting on July 11th, though the planned hog roast afterwards could not take place because of the limitation on numbers. These meetings are effectively the Church's AGM, where officers are elected, a review of the work of the Church takes place, and the Annual Accounts are presented.

Reports of working groups reflected the adaptations that have had to be made, and Keith's report was particularly poignant, starting with his reflection on the Pilgrimage to the Holy Land undertaken by many church members just as Covid struck. He went on to consider the problems when the Churches (and all the groups we have at St Michael's) were suddenly

closed (the first time all churches have been closed in England since 23 March 1208: what a coincidental date!), how we were able to go immediately on-line, and how the pre-recorded services segued into the live streaming we have today. However, as he pointed out, we miss the fellowship of all meeting together, and though many are able to attend church now, some are understandably reluctant. He hoped that the lifting of most of the lockdown rules, will enable a real 'Back to Church' opportunity.

In the church we are now looking to the future, and by the time you read this, you should have received a leaflet from us asking for YOUR views on what our vision for the people of Hughenden Parish should be. Please let us know your thoughts. Details and contacts can be found in the leaflet.

For the more immediate future: our Flower Festival takes place in the Church on the August Bank Holiday weekend, details below: please join us!

All details about what is going on in the Church can be found on our website (www.hughendenparishchurch.org.uk) and our weekly live-streamed services can be followed there or on YouTube.

Jane Tyrer



Saint Michael's Flower Festival

Reflections & Memories of the Last 18 Months

August 28-30

Sunday 12 noon - 4.30 pm

Saturday & Monday 11.00 am - 4.30 pm

Experienced or not, all are welcome to take part.

Entry is free for participants and visitors, and tea, coffee and home-made cake will be served in Church House and MU garden.

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I've never been one for football, but over first lockdown I watched a miniseries called 'the English Game' which was based on the true story of the birth of professional football in England. This gave me a whole new insight into football and its importance to communities



and individuals. So one evening, when our internet was down and Netflix unavailable, I tuned in to watch the England v Czechoslovakia Euros match. It was a bit of a whim and I figured it gave me a chance of knowing what the fuss and main topic of conversation was going to be the next day.

NEVER have I endured 90 minutes of such intense, nail biting emotion and excitement. I don't know if enjoyed is the right word to describe the match – my heart was pounding in my mouth, my knuckles were white, I was sweating hot and cold, I didn't even dare go to the loo.....and then England won! Roller coaster doesn't begin to summarise the 90 minutes I had just endured. I simply couldn't bear experiencing the repeat emotions of watching the England v Germany match, but subsequently rallied to see the rest of the tournament out, even adjusting my diary commitments to be in time for kick off!

Football has often been compared to religion, indeed, people sometimes refer to their 'religion' as football. There are many similarities. Communal singing, gathering in one place for a shared experience, codes of ethics to live by, unity in a common cause, even the promise of salvation. If you read the brief Wikipedia biographies of the England players, you will learn that some of them had difficult early lives that could easily have ended in criminal careers had it not been for football.

We had huge fun watching the football. Where we live is close to the town centre and if we opened our windows we could hear the cheering and singing from the outdoor venues in the town, giving a whole extra level of involvement. But there was another side. Whenever there is a victor, by definition there

is a vanquished. My heart went out to the Ukrainian fans who were in tears as they watched their team lose; the finest they had to offer was just not good enough. I really hoped England would win as somehow being defeated by the eventual winners is a more noble defeat, but

that was not to be. The images of the little German girl weeping at the defeat of her team actually prompted a crowd funding effort for her. The despair on the faces of our own team and their fans was heart-wrenching. All their aspirations and pride dashed, leaving fans to pick up the pieces of their hopes, mourn their loss and turn towards the next competition which may give a happier outcome – maybe.

And that's where football and religion part ways. With God, there are no losers since all are winners. God sees us as all the same, precious in his sight, created in his image and loved. The victorious football squad will have their moment of public adulation, but the events surrounding the European championships will soon become history and legend. God is eternal; he is history; he is legend and he is always on our side, making us all winners. May you be blessed by the knowledge of this.

Isn't there a World Cup next year.....??

Rev Jenny Ellis

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HAPPY HOLIDAYS!

What a wonderful end of term we have had here at Toddle In Group!

It's been a slightly different experience at the Nursery due to covid restrictions over the last 16 months, and after a meeting with our incredible team, we were all determined to pull out all the stops. We planned a week of celebrations to mark the end of term, and for 15 of our children the end of their Nursery journey as they transition to school.

This is how we celebrated, with the help of our children.

Wednesday - Graduation ceremony: This is always an emotive ceremony for parents and families. This year was personally significant for me as my own son left Nursery to join his big brother and sister in school. We are a family run Nursery, my mother is my business partner and we hold every family at the heart of what we do. It was a special joy that my Mum was able to join us for this special event and so celebrate with us!

Thursday - Teddy Bears' Picnic: We all brought in quarantined bears from home to join us for a picnic on the field.

Friday - sports day and Sensimania Art: What a busy day this was! Our children came together to support and cheer one another other on through the traditional races of egg and spoon and sack jumping. Every child got behind their friends, and cheered them on to the finish line. Well done Team Toddle!

Later that day, we had the incredible experience of welcoming Sensimania Art to the Nursery. Sensi helped the children to see how art can be a series of well-placed shapes, with added flair and personality! The children worked on lacerating lions, all with the techniques that Sensi showed them. I couldn't have been prouder of our fabulous team of children for their exceptional manners, and total commitment to embracing the challenge!

Monday - Tropical Beach party! We had paddling pools, water blasters and sprinklers to play with in our garden! The children loved to catch the adults in their water streams. We followed the day with tropical fruit smoothies that they made themselves, and ice cream of course!

Tuesday - Disco party! For the very last day of term we invited Dave the Disco to join us in the garden at a safe distance, to boogie the morning away! The children played games and danced around the garden in a flurry of smiles and giggles.

We have said goodbye to some of our wonderful children as they go on to school, but this was not a sad day because they will always remain a part of our Nursery family. We wish them well as they take the next steps on their educational journey.

Kim Cahalan Crompton



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Back in Halls/Houses Again From September (*Subject to Government Regulations*)

Our u3a had been working on the assumption that there would be good news on July 19th about re-opening all our groups from September. Our members can't wait to resume their normal activities and that, of course, includes meeting up with friends over those cups of tea in private houses or Halls. Please be assured that the Halls have taken as many precautions as they can to keep us all safe and we thank them for that. Our Group Convenors are also fully briefed to check premises.

Many of our Groups are continuing to operate over the summer. Please take a look at our website for a list of dates our Groups will be operating during August and September and for the next year.

[High Wycombe & District U3A: Everyone is Welcome \(u3asites.org.uk\)](http://HighWycombe&DistrictU3A:EveryoneisWelcome(u3asites.org.uk))

Remember your first visit is free. Once you've joined, you can attend as many meetings as you like during your year of membership. How's that for value! Do contact our membership secretary for details.

On 25th August (2.15pm) our guest speaker is talking about Harridans, Hedwig and Hawkes -Birds of literature. Email gilliamph@aol.com for a Zoom invitation to this and other events..

Email: hwu3a.membership@gmail.com

During this pandemic (and we all know we must keep up our guard in the future), some Groups have continued to operate 'as normal' whilst others have been using Zoom. I know many members have not wished, or been able, to use Zoom. As I hope you would expect, we do have a Computer Group that can help beginners with technology. However, Zoom has been a 'lifeline' for many and whilst the number of people attending Zoom meetings has fluctuated, we are actively considering whether we should continue to offer meetings on Zoom as well as meetings in Halls as options for some Groups in the future. Last winter our evening meetings, especially film and travel, on Zoom proved attractive to many. Do let us know your views on this idea.

Email gilliam@aol.com

Zoom has been popular for some members as a means of keeping in touch with friends and being able to see and take part in a wide range of topics offered through our own u3a and other organisations including the continuing and popular series of talks we offer members through the u3a's 'Thames Valley Network'.

A Special Thank You

We are taking the opportunity of thanking all those Members who have attended our meetings on Zoom as well as those Members in Groups such as the Quiz, Walking Groups and Croquet who have operated as near 'normal' as possible during the pandemic. We recognise this has been a difficult time for everyone. If you've been at all lonely during this pandemic, let us help try to make a difference. You'll be made very welcome online or face to face at a Group meeting. We look forward to hearing from you.

Contact our Membership Secretary:

hwu3a.membership@gmail.com

Paul Gilliam



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Gordon the Birdman - *Bird Ringing*

The alarm had gone off at an unearthly hour and I had driven just over one hundred miles and it was still dark. Already a team of volunteers had erected posts on which to drape mist nets. The nets will be checked every half hour to make sure birds flying into them do not stay there for too long. Skilled and supple fingers will deftly unknit claws and wings from the micro fine mesh. The bird is then placed into a soft cloth bag where it remains quiet and calm in the dark. Each bird is then taken to a processing table where it is weighed and fitted with a unique ring, the wing is fanned out and measured while experienced eyes judge the age, sex and state of plumage, noting the fluff of a juvenile. All this is taking place between May and September at more than a hundred and forty sites scattered across Britain, monitoring changes from year to year. Combining all the figures provides a reliable body of information. The migrating Nightingales, Redstarts and Flycatchers the teams would catch up until a decade or so ago

are no more, a telling indicator of their complete disappearance from some sites.

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For a lot of species last year was a breeding disaster, first the “Beast From the East” was bad news for our resident birds, then later, in April, cold North winds held back migration, while the hot, dry summer scuppered the breeding of ground feeders.

Gordon.



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Lindengate is at its best at this time of year and with the government guidelines easing, now is the time to get together with friends, family or colleagues and come and see for yourself at our five acre site in Wendover.

Our staff and team of volunteers have been busy maintaining the site and we are now seeing an abundance of produce from our kitchen gardens, as well as incredible wildflowers and broods of ducklings, who are thriving.

We know that many businesses and local community groups are working towards coming together again, to re-engage and catch up. At Lindengate, we believe the natural environment contributes to improving wellbeing through nature, so why not arrange your next gathering at Lindengate, whether for a business team meeting, or with a group of friends. Bring refreshments or a picnic and take time to re-connect, surrounded by the sights and sounds of nature. Get in touch to book ahead, if coming with a larger group. Email: info@lindengate.org.uk.

We are open to all, so drop in and come and see for yourself. Please note our new opening times from 1st August - Wednesdays 4.30pm - 7.30pm and Saturdays 1.30pm - 4.30pm. For full details of all our programmes, go to www.lindengate.org.uk



Naphill Guides

For most of the last year Naphill Guides have been run online, briefly indoors and then outside with all the required covid restrictions and guidelines in place.

We have been very lucky that two people stepped forward to help run our small cohort and recently another unit helper came forward. We could not take on any new members during the year and due to distancing rules could only have a limited number inside. We managed a program for those guides that did come back, finishing our year with a great session of Cardio tennis and doughnuts, which everyone greatly enjoyed. Unfortunately Jayne who has nearly completed her training as leader has been posted

and will move on. I am also finishing as temporary stand-in.

That means the unit will be suspended from September. If you are thinking of returning to Guiding here is an opportunity. We have a long waiting list and just need a Guider who has completed her training, there are helpers available.

If you would like to join and run the unit, please contact Deirdre Hansen:

wateractivities@girlguidingbucks.org.uk

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Local Lace Makers News

Some time ago I met and worked with Rosemary Mortham, a resident of Lacey Green who has a keen interest in local history. Rosemary is also a lace-maker. She has combined these interests in the voluntary work she does for the Chalk, Cherries & Chairs Project. This project is an ambitious five-year scheme which aims to connect local people to the wildlife and cultural heritage of the Central Chilterns.

The scheme operates under three themes - wildlife, heritage and people but the projects which fall under these three themes are all designed with the Chilterns landscape in mind. No less than eighteen interweaving projects share common threads, including volunteering, learning and digital media. The scheme will also provide small grants to encourage community initiatives. For more details please see www.chilternsaonb.org/projects/CCC.html.

Rosemary was invited to take part in this project by making a video about lace making in Lacey Green. Unfortunately, she had broken her wrist and needed someone to demonstrate lace-making so I, as another keen, local lace maker, was delighted to step in and help.

From this we were asked to participate in the BBC's Countryfile programme, part of which was filmed in Lacey Green and included an item about our local lace-making heritage. Both the video and the tv programme resulted in quite a bit of interest so Rosemary suggested to the Chalk Cherries and Chairs team that we organise a Bobbin Lace Taster Day in Lacey Green. They liked this idea and the event has been organised for 11 September, a significant date as this is National Lace-making Day here in the UK.

Rosemary and I will also be demonstrating lace-making at the Chalk Cherries & Chairs Project's Summer Festival on 8 August between 11.00 and 16.00 on the Rye in Wycombe. There will be a display about lace-making together with a 'Have a Go' pillow too. We shall have information about local lace-groups too for anyone interested in joining them. We Look forward to meeting lots of people at both of these events and to chatting to them about lace-making!

Alex Adkins

alexmadkins@mail-com



Interested in the local craft of bobbin lace-making?

Why not come along to a Bobbin Lace Taster Day on 11th September in Lacey Green Village Hall to find out more about the history of this traditional craft locally and further afield,

- hear more about the video and television programme made in Lacey Green recently.
- meet local lace-makers
- see displays about lace-making
- watch bobbin lace being made and
- try your hand at a 'Have a Go' pillow with guidance from an experienced lace-maker
- To book your place at a session visit <https://www.eventbrite.co.uk>

Sessions will run from 10.00am - 12.30pm. and 1.30pm - 4.00pm

Refreshments will be available.

There will be an opportunity to develop your interest in lace-making following this Taster Day should you wish to do so.

This event is being organised, on National Lace-Making Day to celebrate our lace-making heritage, by The Chalk, Cherries & Chairs Lottery funded Project Woodlanders Team in conjunction with Lacey Green & Loosley Row History Group.

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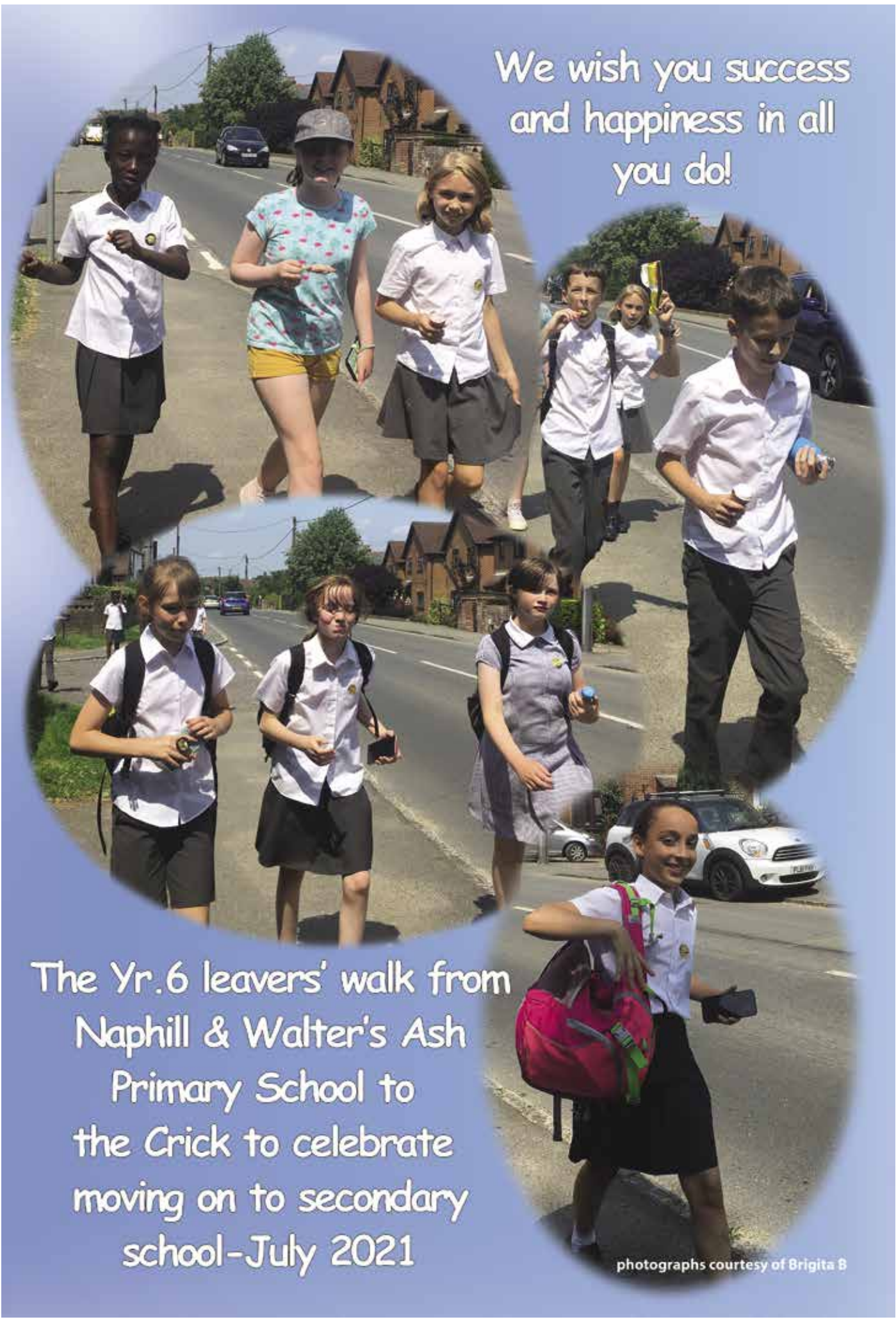
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